



## HCA's Health & Safety Plan for the 2020-21 School Year

In order to ensure the safety of our faculty, students and families when we open our campus for the 2020-21 school year, HCA has developed the following policies in response to the guidance released by the CDC. These policies were adopted based on the CDC guidance currently available and will be updated as needed as subsequent guidance is released from the CDC. Barring a shelter-in-place order from the Governor or additional restrictions recommended by the CDC, the policies described below should enable us to keep our campus open for in-person instruction.

HCA's Health & Safety Plan includes implementing additional screening, distancing and hygiene practices to reduce the likelihood of the transmission of germs. Disruption to typical classroom routines will be minimized to the greatest extent possible in order to support student and faculty socio-emotional health, as well as best practices for instruction. Information provided to students will be positive and will focus on healthy hygiene practices instead of referring to "COVID-19" or "the pandemic". HCA recognizes that parents and faculty both play an important role in helping children make sense of what they hear in a way that is honest, accurate and minimizes anxiety or fear.

Plan Item	Policies
COVID-19 Testing	<ul style="list-style-type: none"> <li>• While we currently do not have plans to require testing for all faculty and students, group-based testing may be requested at any time during the school year if administration deems necessary.</li> <li>• A positive antibody test following a negative COVID-19 test could eliminate future testing requests.</li> <li>• Currently, the CDC has stated that all air passengers arriving to the US from a foreign country are required to get tested for COVID-19 infection no more than 3 days before their flight departs from the foreign country, and again 3-5 days after arriving in the US. Faculty and students flying home from a foreign country will not be permitted to return to school until 7 days after returning to the US. A negative COVID-19 test taken 3-5 days after arrival will also be required before returning to school.</li> </ul>
Promotion of Healthy Hygiene Practices	<ul style="list-style-type: none"> <li>• Teachers and students are in close contact for much of the day, and schools can become a place where respiratory diseases like COVID-19 can quickly spread. Our goal is to protect our faculty, students and families by practicing and promoting healthy habits during the school year.</li> <li>• All faculty was trained on healthy hygiene practices and proper physical distancing during pre-planning. Faculty has been instructed on what symptoms to look for so that anyone with COVID-19 symptoms can be separated from other students and faculty until they can</li> </ul>

	<p>leave school campus.</p> <ul style="list-style-type: none"> <li>• Students received healthy hygiene reminders during the first day of school (handwashing, physical distancing, etc.).</li> <li>• Proper handwashing strategies continue to be encouraged, including washing with soap and water for at least 20 seconds.</li> <li>• Signage has been posted throughout the school to promote healthy hygiene practices.</li> <li>• Sanitizing stations have been placed at the main entrances.</li> <li>• Adequate supplies (e.g. soap, paper towels, tissues, alcohol-based hand sanitizer that contains at least 60% alcohol) are available to all faculty and students to support healthy hygiene practices.</li> <li>• Faculty handling student lunches will use gloves.</li> <li>• No person should drink water directly from a water fountain. Filtered water stations are available to fill cups or refill water bottles.</li> <li>• Electronic delivery of documents/communication/payments will be encouraged when feasible.</li> </ul>
Masks	<ul style="list-style-type: none"> <li>• The wearing of masks by students or faculty is recommended (but not mandatory) unless (1) a teacher requires the wearing of masks for their classroom due to identifying themselves as “at-risk,” or (2) a student/staff returns to school by testing out of quarantine after 7 days (in which case they will be required to wear a mask while on the HCA campus through Day 10).</li> <li>• We acknowledge the potential benefit of utilizing masks to prevent the spread of disease, and any student, visitor or faculty member is welcomed to use this safety precaution if they desire to do so. Requiring them at all times, however, would limit the social-emotional impact of being at school.</li> </ul>
Intensified Cleaning	<ul style="list-style-type: none"> <li>• Surfaces and objects that are frequently touched are routinely cleaned and disinfected.</li> <li>• Adequate cleaning supplies are available to all faculty.</li> <li>• Scheduled contract cleanings will be more frequent and thorough.</li> <li>• Administration has developed a cleaning rotation schedule for all classrooms and common areas.</li> <li>• Germ air purifiers have been placed in each classroom.</li> </ul>
Physical Distancing	<ul style="list-style-type: none"> <li>• Student gatherings/classes may be limited to a certain group size. Such groups may be separated by at least 6 feet, such as in chapel and lunch.</li> <li>• Protective screens have been installed at the front desk, and provided to all classroom teachers.</li> <li>• Large gatherings (e.g. assemblies, field trips) will be postponed until administration feels they are appropriate based on CDC guidance.</li> <li>• The Athletics Department will continue to communicate and implement guidelines for athletes and their teams, and will ensure all HCA transportation is properly disinfected after each use.</li> <li>• Student desks have been rearranged to maximize the space between students where possible. Desks may be turned to face in the same direction (rather than facing each other) to reduce transmission caused from virus-containing droplets (e.g. from talking, coughing, sneezing).</li> <li>• Administration has implemented safe lunchroom guidelines. Classes will be rewarded with</li> </ul>

	<p>the opportunity to eat lunch in their classroom or eat outside at the new picnic tables on a rotating schedule to increase space between classes eating in the lunchroom.</p> <ul style="list-style-type: none"> <li>• Administration will continue to evaluate and may adjust arrival and/or dismissal times and procedures if necessary. MS and HS student carpools will continue to dismiss from the upper parking lot to reduce the crowd at the main entrance during elementary dismissal.</li> </ul>
<p>Health Screening on Campus</p>	<ul style="list-style-type: none"> <li>• Every faculty member and student’s temperature may be taken upon arrival each day as they enter the building. Students or faculty with a temperature of 100 degrees or above on the forehead thermometer will be checked again with an oral thermometer. If still 100 degrees or over, the student or faculty member will not be allowed to attend school that day and cannot return to school until they are 48 hours symptom-free without medication. A negative COVID-19 test may be required to re-enter at this point depending upon symptoms.</li> <li>• Nonessential visitors will be limited. Approved visitors may be required to have their temperature checked upon entry.</li> <li>• Sick students and faculty, particularly those with symptoms of respiratory illness, will be given a face mask and kept separate from well students and faculty until they can leave the campus.</li> </ul>
<p>Requirement for Anyone Who is Sick to Stay Home</p>	<ul style="list-style-type: none"> <li>• Students and faculty will be required to stay home from school if they are feeling sick, test positive for COVID-19, exhibit a fever of 100 degrees or greater, or have any of the symptoms of COVID-19 based on the following CDC guidance:  <i>Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:</i> <ul style="list-style-type: none"> <li>➤ <i>Fever or chills</i></li> <li>➤ <i>Cough</i></li> <li>➤ <i>Shortness of breath or difficulty breathing</i></li> <li>➤ <i>Fatigue</i></li> <li>➤ <i>Muscle or body aches</i></li> <li>➤ <i>Headache</i></li> <li>➤ <i>New loss of taste or smell</i></li> <li>➤ <i>Sore throat</i></li> <li>➤ <i>Congestion or runny nose</i></li> <li>➤ <i>Nausea or vomiting</i></li> <li>➤ <i>Diarrhea</i></li> </ul> </li> <li>• Students will not be penalized for illness-related absences as usual.</li> <li>• Attendance this year will not be considered for secondary exam exemptions.</li> <li>• Perfect attendance awards will not be given this school year.</li> <li>• As always, administration and teachers will work with students who are absent to complete missed work at home and/or after they return to school.</li> <li>• Faculty who will be absent due to illness should continue to follow instructions in staff handbook regarding notifying administration.</li> </ul>

## Returning to School

- Persons with confirmed or suspected COVID-19 who have symptoms can return to school after:
  - 10 days since symptoms first appeared and
  - 24 hours with no fever without the use of fever-reducing medications and
  - Other symptoms of COVID-19 are improving (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).
- Persons with confirmed COVID-19 who do not have symptoms can return to school after:
  - 10 days since receiving the positive COVID-19 test.
  - If symptoms develop during isolation, follow the guidelines above for confirmed COVID-19 with symptoms.
- Persons who have a household member with confirmed or suspected COVID-19 will not be permitted to return to the HCA campus until the person with confirmed or suspected COVID-19 is cleared to return under the guidelines listed above.
- Persons who have had direct contact (within 6 feet for a cumulative 15 minutes or more, where either party was not wearing a mask) with a non-household member with confirmed COVID-19 will be permitted to return after:
  - 10 days since last known exposure if you do not experience any symptoms during your monitoring period, or
  - Testing out of quarantine any day after 7 full days have passed since your most recent exposure occurred if you fulfill all three of the following criteria:
    - Do not experience any symptoms during your monitoring period.
    - Are tested for COVID-19 through a diagnostic test (PCR or antigen). The test should be performed no earlier than Day 5 of your quarantine period, and no more than 48 hours before the time of your planned quarantine discontinuation.
    - Receive a negative result.

You may not discontinue quarantine until you have completed a minimum of 7 full days since your most recent exposure, even if you receive your negative test result earlier.

Any student or faculty member who tests out of quarantine after 7 days will be required to wear a mask while on the HCA campus through Day 10.

  - If symptoms develop during quarantine, follow the guidelines above for suspected COVID-19 with symptoms.
  - Anyone who has had direct contact with someone with COVID-19 and who meets the following criteria, does NOT need to quarantine:
    - Tested positive for COVID-19 within the previous 3 months and
    - Has recovered and
    - Remains without COVID-19 symptoms.
- Persons who (1) plan to have a COVID-19 test or are awaiting COVID-19 test results, or (2) live in the same household with someone who plans to have a COVID-19 test or are awaiting COVID-19 test results, or (3) have had direct contact with someone who plans to have a COVID-19 test or are awaiting COVID-19 test results, will not be permitted to return to HCA campus until results are received. This will prevent possible class exposure if the results return as positive. Once results are received, the applicable guidelines above should be followed before returning to school.

	<ul style="list-style-type: none"> <li>• All student and faculty COVID-19 test results (including relevant household/direct exposure test results) are required to be promptly communicated to the school nurse for confidential documentation purposes.</li> <li>• Persons who suspect they have likely been exposed to COVID-19 after attending school are encouraged to receive a rapid COVID-19 test so that if the test is positive, administration can notify applicable faculty and student families as soon as possible of potential exposure.</li> </ul>
COVID-19 Vaccine	<ul style="list-style-type: none"> <li>• Currently, the COVID-19 vaccine is not required by HCA for faculty or students.</li> <li>• The CDC has stated that they will need to understand more about the protection that COVID-19 vaccines provide in real-world conditions before they change their current recommendations for those who have received the vaccine. As such, HCA’s guidelines listed above for “Returning to School” will not be altered at this time for those who have received the vaccine.</li> </ul>
High Risk Faculty and Students	<ul style="list-style-type: none"> <li>• Faculty and students who are high risk should discuss their options with administration.</li> </ul>
School Exposure Protocol	<ul style="list-style-type: none"> <li>• If any student or faculty member tests positive for COVID-19 and they have been at school while contagious, communication will be sent to potentially-exposed faculty and student families. Faculty or students who have had direct contact should follow the “Persons who have had direct contact (within 6 feet for a cumulative 15 minutes)” guidelines above.</li> <li>• The infected person’s name would not be released in accordance with HIPAA guidelines.</li> <li>• All classrooms utilized by the infected individual while contagious will be closed for 72 hours after the last exposure to allow for deep cleaning and for the air to settle.</li> <li>• Principals will attempt to relocate the classroom during the 72 hours to allow students/faculty who did not have direct contact with the infected individual to continue to attend class on campus.</li> <li>• It is recommended for students who were exposed to wait at least 72 hours before testing for COVID-19. Studies have shown the longer you wait to get tested the more accurate the test may be. The general consensus is most tests can detect COVID-19 three to four days after exposure.</li> </ul>
Communication	<ul style="list-style-type: none"> <li>• Policy changes will continue to be shared with applicable faculty and student families in a timely manner.</li> <li>• Any outbreak of COVID-19 at HCA would be communicated to local health officials.</li> <li>• If local health officials determine there is substantial transmission of COVID-19 within our community, they will provide guidance to administrators on the best course of action for schools. Any guidance provided would be discussed by HCA’s administration and Board, and any changes for our school would be communicated to applicable faculty, students and families as soon as possible.</li> </ul>